





Welco



Welcome to your sanctuary, at the Sea Spa & Salon, a true destination spa, a place where you can leave behind the stresses and monotony of your daily life and experience tranquility, harmony and peace. We offer you personal time and space that is dedicated to revitalizing your body, mind and soul. Our expansive list of services will enable you to receive your desired soothing treatments in an elegant and serene environment. Our attention to detail will permit us to provide you with pampering and enriching services that you deserve.

At The Sea Spa & Salon we have combined old and time-proven relaxation treatments with the most modern state of the art and the highest quality of anti-aging treatments. Our goal and purpose is to offer our guests a true sense of inner and outer beauty. So sit back, relax, and let's start your journey.





**Relax Massage** 

This is our relaxing massage using long slow flowing strokes to help move energy, de-stress your mind and loosen up your body.

Therapeutic Massage (Classic Swedish)

This massage of effleurage, petrissage, kneading, friction and percussion helps restore normal mobilzation to soft tissue (muscle, facia) increasing circulation, relaxing superficial muscles, reducing stress and relieving pain. Extra focus on specific area may take time away from full body 50 minute.

**Deep Tissue** 

This massage uses firm pressure and slow strokes to reach deep layers of muscle and facia. This can help to break down "knots" and break up scar tissue. This is usually for chronic pain and specific areas of tightness. We focus on 2 specific areas of the body for 50 minute session.

Spa Stone

Warm basalt stones and aromatherapy oils melts away stress and muscle aches.

**Sports Massage** 

This massage is specific to the overused muscle usually by athletic clients. Therapists will use a few different modalities and stretching on all or specific muscles to break down tension or adhesions and separate layers of sconnective tissue to release tightness and restore muscles to normal length and range of motion.

### **Couples Massage**

Relax or Therapeutic Massage in a room for two.

Pre-Natal Massage

Let our therapists ease your most affected areas of aches and pains while relaxing mommy and baby.

**Tandem Massage** 

Two therapists perform a rhythmic simultaneous, relaxing massage. The ultimate indulgence! For the modest, draping during the massage is minimal. \*Limited Availability

Reflexology

Application of thumb pressure to reflex points in the feet which correlate to specific organs in the body. Relax, rejuvenate, and rebalance meridians and cleanse energy points in the body.



# -Body-

#### **Exfoliate**

Body scrubs remove impurities and dead skin cells to reveal new radiant hydrated skin. All scrubs use essential oils and finish with a hydrating moisture.

### Choose from:

- 1. Invigorating Salt Scrub
- 2. Gentle Creme Exfoliant

### **Body Wraps**

We begin with a dry brushing of the body. Your essential balm is then incorporated with massage techniques specific for treatment. Next, the targeted mask is applied and you are wrapped in a warm cocoon. The product is toweled or showered off and you are moistured providing deep hydration.

### Choose from:

- 1. Relax/Hydrate
- 2. Tone/Slim
- 3. Circulate/Detoxify

### **Lavender Treatment**

Warm and hydrating.

### **Perfect Contour**

Significant reduction of cellulite and dimpled skin. Leg and thigh treatment only.

#### **After Sun Treatment**

Soothing treatment for overexposed to the suns damaging rays.





### - Facials -

### Organically Yours

A truly unique facial featuring 100% certified organic products customized to treat your individual skin care needs. Nourish and refine your skin to a flawless finish with the benefit of vitamins and nutrients. Includes extractions, neck, shoulder and hand massage.

### Gentleman's Facial

Soothe skin that's been irritated by shaving pollutants and the sun's harmful rays. Enjoy warm steamed towels for a refreshing and relaxing experience. Includes extractions. Designed specifically for the special skin care that men need.

### **Teen Facial**

A beautiful complexion begins with good skin care. Specific treatment designed to target the concerns of clients 16 years of age and under. Includes extractions.

### **Back Facial**

Perfect for treating this hard to reach area. Includes a deep cleansing, exfoliation, steamed towels, and extractions.

### Glycolic Peel Treatment

Glycolic acids and enzymes accelerate the ex-foliation process to peel away dead skin cells, reducing pigmentation, fine lines, and congested pores. Regenerates skin by stimulating the production of new skin cells. Includes extractions.

### **HydraFacial**

This skin-solution resurfaces your skin offering immediate results while hydrating. This painless procedure targets conditions such as fine lines, wrinkles, sun damage and more.

### **Enhancement Eye Treatment**

Improve appearance and skin texture around the eye contour area to minimize fine lines and dark circles and reduce puffiness. Or, treat your eyes with enzymes to ex-foliate delicate eye area and hydrating mask to soothe stressed eyes and brighten up dark circles.

### - Nails -

### **Express**

Consists of foot soak, exfoliant, nails clipped, filed, cuticle treatent, finished with moisturizer.

### The Classic

This treatment starts with an aromatic soothing foot soak, followed by our signature exfoliant, finishing with a fragrant moisturizer leaving your feet refreshed and hydrated.

### "TOE" tally Pampered

All of the perfection of "The Classic" followed by a luxurious paraffin treatment, leaving your feet warm and silky.

### Spaaa! Pedicure

This uplifting treatment soften even the roughest feet. Reduces inflammation to help revitalize tired and aching legs and feet. Coupled with a cooling marine mask leaving feet revived.

### Clipped and Dipped

Treatment for men! Designed to calm the savage beast, with nails buffed to perfection.

### manicures

### The Classic

Bring moisture and nutrients back to the skin with the ultra mild sudsy hand soak, followed by moisturizers designed to keep your skin soft and supple.

### Citrus Spa

With its zesty fragrance, Citrus Spa Manicure will energize, refresh and lift spirits every time. Coupled with an exfoliating hand scrub and paraffin treatment leaving the hands silky smooth.

### **Gel Polish**

Buff, file and polish. (removal additional)

### Full Gel

Start with the classic manicure followed by Shellac. Shellac combines the ease of polish with the permanence of gels. Chipfree, extended wear color. No filing. No drills. Lasts up to 14 days.

### LCN

Overlay on Natural Nails Full Set Extensions/Tips Clear Fill Fill with Whites Nail Repair

# - Packages -

gold package

This package includes a Relax Massage, the Organically Yours facial and a classic pedicure!

silver package

This package includes both a Relax Massage and the Organically Yours facial!

bronze package

This package includes a Relax Massage or the Organically Yours facial and a classic pedicure!

group package

Are you coming with more than 6 people? We offer great discounts for groups that are completely customizable to fit your relaxing needs!

bridal package

The Bridal Package is the start to an amazing day for your wedding. This package includes a trial Updo and trial Make-up a couple of days before the wedding, to ensure its perfect! On your wedding day you will recieve a Swedish Massage, Updo, Make-Up, French Manicure and Pedicure. Want lunch during your services? No problem, get your order in the day before to enjoy a delicious meal on your special day.



### **Enhancements**

### **Eye Treatment**

Collagen eye cream followed by collagen mask, nourishes and firms eye area. Herbal eye cream followed by herbal pads to help reduce puffiness and swelling in the eye area.

### Sheer Bliss Scalp Massage

Special blends of essential oils are massaged into the scalp, which revitalize the hair and the enhancement relaxation.

### **Hydrating Paraffin Hand or Foot Treatment**

Add to any service for velvety smooth skin on hands or feet.

### Aromatherapy

Add essential oils to any massage.

### **Hydroculator Moist Heat Packs**

Moist heat packs are applied to tight muscles. The use of deep moist heat therapy is an excellent way to loosen and relieve muscle tension packs are heated to 160 degrees.

### **Luscious Lip Treatment**

Hydrate and redefine lips with enzymes to exfoliate and natural peptides to pump lips.

### **Customized Mask**

Let your skin care specialist create your very own treatment to address your specific skincare concerns.

#### Warm Stone

Warm basalt stones on the back to further relax you.

# Waxing

Eyebrow Lip or Chin Arm (half) Arm (full) Underarm Back Stomach Bikini Brazilian Leg (half) Leg (full) Toes

## Make Up

Make up Application Full Body Fantasy Tanning





Customized haircuts for both men and women. Includes wash, style and finishing with premium products

#### **Blowout**

Look your best with your favorite style, upgrade with flatiron or

Evening Style/ Up-Do
Formal Styling to last the whole event!

Color touch up- root color maintenance

**Double Process Color** 

Root color with toning or end refreshing

Glazing

add shine, moisture and protein with clear or tinted gloss

**Correcive Color** 

Application of color to change look

Half Head Highlights

Highlights on crown and sides of head

Full Head Highlights

Brighten up with highlights placed through entire head

Creative Foil

Placed highlights in specific location for fashion, charged per foil

Waving/Texture Fusion

Permanently add curl or wave for texture

**Deep Conditioning** 

Revive hair with moisture and shine for luxe feel and manageability

**Smoothing Keratin Treatments** 

The fusion of natural keratin deep into hairs cuticle. Eliminates 95% of frizz and curl. Instantly adds shine. Hair is more manageable, smoother and easier to style than ever before. Perfect for all hair types. Formaldehydle free.

**Express Keratin Blowout** 

Lasts up to 6 weeks

**Hair Extensions** 

Add in hair for thickness or length for everyday of just today Prices are estimated by length and thickness. Other charges may apply.

### Conveniently Located At

