



Open

MONDAY - SUNDAY
7:00AM - 10:00PM

Menu

12 PM - 10 PM

STARTERS

CALAMARI FRITTI 19
Fried calamari with marinara dipping sauce

VONGOLE OREGENATA 18
Baked clams stuffed with seasoned bread crumbs and herbs

COCKTAIL DI GAMBERI 17
Shrimp cocktail served with cocktail sauce

OYSTER COCKTAIL 17

CLAMS COCKTAIL 16

BURRATA CROSTINI 18
Whole wheat bread topped with burrata, walnuts, pear and a drizzle of honey

ZUPPA DI COZZE 17
Mussels steamed with a choice of red or white sauce

CRAB CAKES 20
Shredded veggies topped with mustard sauce over mix greens

TUNA TARTAR 21
Maji tuna over avocado in lemon dressing

OCTAPUS 21
Grilled octopus creamy chickpea puree over arugula lemon dressing

MOZZARELLA IN CARROZZA 16
Pan fried white bread & mozzarella with bread crumbs & marinara sauce on the side

Friedes

ONION RIGNS 9
CHICKEN FINGERS 10
MOZZARELLA STICKS 10
FRENCH FRIES 7
TRUFFLE FRIES 8
CHICKEN WINGS 10

PASTA

LINGUINI ALLE VONGOLE 26
Linguini with little neck clams with a choice of red or white sauce

LOBSTER RAVIOLI 28
With shrimp, cherry tomatoes in light pink sauce

GNOCHI SORENTINO 24
Gnocchi with tomatoes sauce and melted mozzarella

PENNE VODKA 22
Penne pasta with light pink sauce

RIGATONI BOLOGNESE 24
Rigatoni with meat sauce

LINGUINI FRUTTI DI MARE 28
Linguini with mixed seafood & a touch of red sauce

RIGATONI ALLA SICILIANA 23
Fresh diced eggplant with fresh tomatoes, capers & ricotta cheese

SALADS

HOUSE SALAD 10
Mixed salad in balsamic vinaigrette dressing

INSALATA ALLA CESARE 10
Romaine lettuce with croutons in traditional Caesar dressing

LA VELA SALAD 12
Arugula salad with pear, walnuts, strowberry and goat cheese in lemon dressing

CAPRESE SALAD 10
Shrimp cocktail served with cocktail sauce

ADD: SHRIMP 9 / CHICKEN 6

PIZZA

MARGHERITA 12
Fresh mozzarella cheese with tomato sauce & basil

PEPPERONI 13
Fresh mozzarella cheese with tomato sauce, basil & pepperoni

PROSCIUTTO & ARUGULA 14
Prosciutto di parma, baby arugula & shaved parmesan cheese

SAUSAGE 13
Topped with tomato, mozzarella & sausage

BUFALLO 15
Chicken breast, mozzarella, hot sauce & blue cheese dressing

VEGGIE 13
Topped with tomatoes, mozzarella, zuchini, eg-plant & broccoli rabe

ADD: EXTRA TOPPINGS \$2

MAIN

POLLO PARMIGGIANA 27
Chicken parmiggiana with linguine in a light tomato sauce

POLLO FRANCESE 28
Chicken sautéed in butter and lemon in white wine sauce

POLLO MARSALA 28
Chicken sautéed with mushroom in a marsala wine sauce

GRILLED SALMON 35
Grilled Salmon with crab meat, asparagus and cherry tomato in light pesto cream sauce

BRANZINO 37
Whole or fillet with zucchini, cherry tomatoes, potatoes, capers, olives in white wine sauce & side of potatoes and veggies

STRIP STEAK 38
Grilled strip steak with mixed grilled potatoes & veggies

PANINI

PHILLY CHEESESTEAK 14
Thinly-sliced meat, provolone cheese, caramelized onions & peppers

LA VELA 14
Chicken breast, pesto sauce, tomatoes & mozzarella topped with balsamic glaze

PANINI CON POLLO 14
Grilled chicken with mozzarella & roasted peppers

PANINO CLASSICO 14
Prosciutto with arugula & mozzarella

PANINO VEGGIE 14
Grilled eggplant with tomatoes, zucchini & fresh mozzarella

ALL COME WITH FRENCH FRIES

BURGER

CHEESEBURGER 15
Melted cheese on top of the meat patty with tomato, lettuce and pickles

LA VELA BURGER 16
Melted cheese on top of 2 meat patty with tomato, lettuce, pickles, mashrooms & bacon

VEGGIE BURGER 15
Veggie patty with tomato, lettuce & onion ring

ALL COME WITH FRENCH FRIES

WRAP

CHICKEN CAESAR 13
Grilled, crisp romaine, grated cheese & Caesar dressing

PHILLY CHEESESTEAK 13
Thinly-sliced meat, provolone cheese, caramelized onions & peppers

TURKEY WRAP 13
Turkey, lettuce, tomatoes, oil/vinegar & mayo

ALL COME WITH FRENCH FRIES

Coffee & Desserts

TIRAMISU 10
CHEESECAKE 10
PANNA COTTA 10
ASSORTED ICE CREAM 10

Flavors of Chocolate, Vanilla, Pistachio, Amarena

HOT COFFEE 3
CAPPUCCINO 4
LATTE 4
ESPRESSO SINGLE 3
ESPRESSO DOUBLE 4
Hot or Iced